

How to Prepare for My Office Visit

You have just made an appointment with Dr. Benjamin R. Cohen, a board certified neurosurgeon. In order to make the most of your visit, here are some tips on how to prepare for you appointment. Following these simple steps will help decrease the stress associated with a physician visit, and enable you to gather as much information as possible about your condition and the treatment options available to you.

STEP 1

Making your appointment. When making your appointment make sure you have all the information necessary including demographics ,insurance information, and a referral from you primary insurance carrier if this is required to see a specialist. Confirm the date, time and location of the appointment because Dr. Cohen has multiple patient office sites.

Step 2

Intake form. Dr. Cohen's intake form is available online for your convenience. Please fill this out in its entirety and bring it with you to your visit. This will save you time the day of your visit. Filling out this form in advance will also help you to describe your medical history and symptoms, familiarizing you with some of the questions that will be asked during your visit.

Step 3

Medical records. Prior to your visit it is important to gather all pertinent lab results, imaging studies, and medical reports so that Dr. Cohen can have a comprehensive view of your recent health history. The more information you bring the better

Imaging. Dr. Cohen prefers all XRay, MRI, CAT Scans be printed on large xray film, rather than CD-ROMs if possible.

Step 4

Diary. Keep a diary of your symptoms, when they started, if they gotten better or worse, aggravating and relieving factors. Record any treatments you have tried and whether or not you feel they were helpful.

Step 5

Questions. Write down all of your questions in advance. Many patients may feel stressed at the time of the office visit, especially if they are in pain, or think they may need surgery. Writing down all of your questions ahead of time will help ensure you receive as much information as possible at the time of your visit.